

ALLERGY-FRIENDLY MENU

BOURBON STREET GRILLE



Allergens and food sensitivities are very real and the Bourbon Street Grille is happy to provide safe menu options whenever possible. Please communicate with your server prior to ordering so that we can ensure the best possible dining experience.

We do not have designated allergen-safe deep fryers, so anything fried will trigger soy, gluten, dairy, egg, shellfish, seafood, & wheat allergies. Roasted sweet potatoes or kettle chips are good substitutes for French fries, as are grilled asparagus, sautéed spinach, gouda grits, creole okra, mashed potatoes, or upgrade to a cup of red beans & rice.

GLUTEN FREE OPTIONS:

Brunch

Isabelle's Bagel

(sub GF bread or no bread for bagel)

Shrimp & Grits

Muffled Omelet

Ansley's Golden Omelet

Penny's Omelet

Same 'Ol Thing

Tiny's Veggies & Eggs

Speckled Swirl

Appetizers

Crawfish Dip

(sub carrots & celery or kettle chips)

Sausage Sampler

Seafood Sampler

(blackened or sautéed only)

Sandwiches & Salads

Grille Burger

Beyond the Bayou Burger

Muffaletta Burger

Po' Boy (blackened or sautéed only)

Grilled Chicken Sandwich

Bourbon Club

Mahi Tacos (sub corn tortillas)

Trinity Mahi Salad

Guacamole Steak Salad

Swamp Salad

Desserts

Bananas Foster

Classics

Red Beans & Rice

Shrimp & Grits

Jambalaya

Muffaletta

Entrées

Blackened Red Snapper

George's Redfish

Red Snapper Pontchartrain

Dirty Shrimp

Pan Seared Mahi

Black & Bleu Sirloin

Herbert's Sirloin

Ribeye

Surf & Turf Lafayette

(pictured on left)

Sides

Cup of Red Beans & Rice

Roasted Sweet Potatoes

Gouda Grits

Grilled Asparagus

Creole Okra

Guacamole

Maque Choux* (corn)

Garlic Mashed Potatoes

Grilled Tomato Slices

Sautéed Spinach

Kettle Chips

Kids Menu

Grilled Chicken

Grilled Shrimp

Grilled Mahi

MODIFICATIONS MAY BE REQUIRED

VEGETARIAN OPTIONS:

Brunch
Beignets
Lost Bread
Praline Lost Bread (no chicken)
The Abby (no bacon)
Florentine Benedict
Beyond the Benedict
Tiny's Veggies & Eggs
Speckled Swirl

Appetizers

Fried Pickles

Sandwiches & Salads

Sub any Sandwich with the
Beyond Veggie Burger®:

Grille Burger
Muffaletta Burger
Smokehouse Burger
Bourbon Club
Po'Boy
Tacos

Beyond the Bayou Burger
Veggie-Gouda Melt
Trinity ~~Mahi~~ Salad
Guacamole ~~Steak~~ Salad
Swamp Salad

Classics

Red Beans & Rice
Jambalaya (Veggie)
Muffaletta (Veggie)

Entrées

Creole Pasta Primavera

Kids Menu

Buttered Noodles
Grilled Cheese
Beyond Veggie Burger®

Sides

Bourbon Street Rice
Cup of Red Beans & Rice
Gouda Grits
Roasted Sweet Potatoes
French Fries
Kettle Chips
Pita Chips
Grilled Asparagus
Hand-Battered Fried Okra
Creole Okra
Guacamole
Maque Choux* (corn)
Garlic Mashed Potatoes
Grilled Tomato Slices
Sautéed Spinach
Corn Bread Muffin
Toast
Everything Bagel

Desserts

Beignets
PTC Beignet
Bananas Foster
Bread Pudding

VEGAN OPTIONS:

Brunch

Design your own brunch plate
from a selection of our vegan sides.

Sandwiches & Salads

Beyond the Bayou Burger
Veggie-Gouda Melt
Swamp Salad
(add Beyond Veggie Burger®)

Classics

Red Beans & Rice
Jambalaya (Veggie)

Sides

Bourbon Street Rice
Cup of Red Beans & Rice
Creole Okra
Roasted Sweet Potatoes
Grilled Asparagus
Guacamole
Grilled Tomato Slices
Sautéed Spinach
Kettle Chips
Pita Chips
Toast

Dessert Option

Roasted Sweet Potatoes



Jambalaya with sweet potatoes



Red beans & rice with sweet potatoes



Beyond Veggie Burger® with asparagus

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Communication is key and we will do our best to accommodate food sensitivities, allergies, and preferences. Let us know how to provide you with a wonderful experience here at Bourbon Street Grille.

Go Green charge of \$1 added to each to-go order to help cover the cost of using only recycled, biodegradable to-go products. Thank you for helping and remember:
RECYCLE, IT'S THE RIGHT THING TO DO!

***WARNING:** consuming raw or undercooked meat, poultry, seafood or eggs may increase your chance for foodborne illness.